

HOW TO BEST USE THE **RELATE ASSESSMENT** IN YOUR PRACTICE

Here are some tips & tricks to use to make the most out of the RELATE Assessment, based on feedback from some of our top users!



USE RELATE AS A BEGINNING & ENDING BENCHMARK

Have couples take the RELATE assessment as soon as you start working with them. This will give you an idea of where they might not see eye to eye, and what to focus on to start. After 3 months, have them take the test again. This will help couples understand where they were when they started working with you, and how far they have come.



CHECK IN WITH PAST CLIENTS

Reach out to clients that you meet with 6 months to a year ago, and send them access to RELATE. This will show them that you still care, and if needed, might prompt them to come back and meet with you again.



AT HOME ACTIVITY

Relationship coaches often give their clients "homework", or at home tasks they need to focus on for the week/month. The RELATE assessment is a great at home activity for couples to help them really think about, and dedicate time, to their relationship.



PREMARITAL COACHING

Clergy, bishops and other religious leaders use the RELATE assessment as a tool for engaged couples to prepare for marriage. This helps couples think about the different areas in relationships that matter, and helps them prepare for the changes that await them as a married couple.

**Share how you use RELATE by writing us at
support@relatefoundation.com**